



Episode 1 Workbook – Family



Family Types

1. Nuclear family

Definition: A family consisting of parents and their children.

Example:

I grew up in a nuclear family with my parents and one younger sister.



My sentence:

2. Extended family

Definition: A family that includes grandparents, uncles, aunts, cousins, and other relatives.

Example:

My extended family usually gets together during holidays.



My sentence:

3. Only child

Definition: A child who has no brothers or sisters.

Example:

As an only child, I had my own bedroom and plenty of privacy.



My sentence:

6. Siblings

Definition: Brothers and sisters.

Example:

I enjoy spending time with my siblings on weekends.

 **My sentence:**

7. Elder sibling

Definition: Your older brother or sister.

Example:

My elder sibling always helps me with important decisions.

 **My sentence:**

Advantages of Small Families

9. Personal space

Definition: A private area where you can relax or study.

Example:

Having my own room gives me enough personal space.

 **My sentence:**

10. Privacy

Definition: The ability to be alone without being disturbed.

Example:

Teenagers usually value their privacy.

 **My sentence:**

11. Individual attention

Definition: Care and attention given to one person.

Example:

Only children often receive more individual attention from their parents.

 **My sentence:**

12. Financial resources

Definition: The money available to support someone or something.

Example:

Parents with fewer children may have more financial resources to spend on each child.

 **My sentence:**

13. Quality time

Definition: Time spent together in a meaningful way.

Example:

I enjoy spending quality time with my family every weekend.

 **My sentence:**

14. Invest in a child's education

Definition: Spend time or money to improve a child's learning.

Example:

Many parents are willing to invest in their children's education.

 **My sentence:**

15. Educational opportunities

Definition: Chances to learn and receive a good education.

Example:

Every child deserves equal educational opportunities.

 **My sentence:**

16. Undivided attention

Definition: Giving someone your complete attention.

Example:

Young children need their parents' undivided attention.

 **My sentence:**

Advantages of Large Families

17. Strong family bond

Definition: A close and loving relationship among family members.

Example:

Growing up together helped us build a strong family bond.

 **My sentence:**

18. Sense of companionship

Definition: The feeling of having people around you who support and spend time with you.

Example:

Having siblings gives children a sense of companionship.

 **My sentence:**

19. Learn teamwork

Definition: Learn how to work well with other people.

Example:

Children in large families often learn teamwork from an early age.

 **My sentence:**

20. Develop cooperation

Definition: Learn how to work together and help each other.

Example:

Sharing household tasks helps children develop cooperation.

 **My sentence:**

21. Learn to compromise

Definition: Learn to accept different opinions and share fairly.

Example:

Brothers and sisters learn to compromise every day.

 **My sentence:**

22. Share responsibilities

Definition: Divide household tasks or duties among family members.

Example:

Everyone in my family shares responsibilities.

 **My sentence:**

23. Emotional support

Definition: Love, encouragement, and comfort from other people.

Example:

My family always gives me emotional support when I face difficulties.

 **My sentence:**

24. Lifelong friendship

Definition: A friendship that lasts for your whole life.

Example:

My sister is also my lifelong friend.

 **My sentence:**

25. Grow up together

Definition: Spend your childhood together.

Example:

My cousins and I grew up together in the same neighbourhood.

 **My sentence:**

26. Look after one another

Definition: Take care of each other.

Example:

Family members should always look after one another.

 **My sentence:**

Possible Disadvantages

27. Feel lonely

Definition: Feel sad because you are alone.

Example:

Only children sometimes feel lonely.

 **My sentence:**

28. Lack companionship

Definition: Not having someone to spend time with.

Example:

Some children lack companionship if they don't have siblings.

 **My sentence:**

29. Limited financial resources

Definition: Not having enough money to provide everything you want.

Example:

Large families may have limited financial resources.

 **My sentence:**

32. Compete for attention

Definition: Try to receive attention from parents or other people.

Example:

Young children sometimes compete for their parents' attention.

 **My sentence:**

33. Sibling rivalry

Definition: Competition or jealousy between brothers and sisters.

Example:

A little sibling rivalry is common during childhood.

 **My sentence:**

"My IELTS Challenge"

Use at least 10 expressions from today's lesson to answer these questions:

1. Do you come from a big or small family?
2. What are the advantages of being an only child?
3. Do you think large families are better than small families? Why?
4. Should parents spend more quality time with their children?